

EARLY BIRD  
OFFER ENDS  
1/12/25

# Raising & Rising

A leadership career retreat for mothers in senior professional roles.

**Monday 9<sup>th</sup> February 2026**

L’Oscar, London, WC1B 2AA

Follow-up sessions  
2/3/26 and 27/3/26  
on Zoom.

**For high-performing professional women with children (0-18) who are on succession plans for HoD, Director, Managing Director, or Partner roles in law, finance, tech, media and professional services.**

Providing the protected headspace, peer support & challenge and strategies ambitious women need to confidently navigate the next step in their careers without sacrificing family life or personal wellbeing.



Delivered by leading experts  
**Jessica Chivers & Anita Cleare**

# Raising & Rising

## EVENT OUTCOMES

### For organisations

- Retain and accelerate your top female talent at a critical career juncture.
- Equip future leaders to step into senior roles with clarity, energy, and conviction.
- Support diversity, equality and inclusion strategies by investing in women leaders with children.
- Demonstrate a tangible commitment to employee wellbeing and sustainable career progression.

### For participants

- Gain protected headspace to reflect on what career progression really means to you.
- Honestly explore the barriers (internal and external) holding you back and how to overcome them.
- Discover practical, research-based strategies for thriving in both your professional and family roles.
- Leave energised with a clear career decision and concrete action plan.
- Connect with a select group of women who understand your challenges and aspirations.

## The Experience | Monday 9<sup>th</sup> February 2026 9am - 5pm

A luxury retreat in central London combining reflective exercises, analytical frameworks, facilitated group coaching, and practical strategies. Expect:

- Space away from daily pressures to think deeply about your next move.
- Guided exploration of personal and professional blockers to progression.
- Practical tools for managing ambition alongside parenting demands.
- Strategies for building influence, confidence, and resilience in leadership.
- Inspiration and support from two leading experts and a cohort of peers.

Follow-up 2nd March - 2 hour (remote) group session to consolidate insights and track progress against goals.

Follow-up 27th March - 2 hour (remote) group session to sustain momentum, provide accountability and plan next steps.

## Questions?

Be in touch with Anita or Jessica  
[anita@positiveparentingproject.co.uk](mailto:anita@positiveparentingproject.co.uk)  
[jc@talentkeepers.co.uk](mailto:jc@talentkeepers.co.uk)

## Early Bird Offer

Book and pay by 1st December 2025 and have a 30 minute coaching 1:1 with Jessica or Anita before the retreat.

### Anita Cleare

Parenting speaker, author & coach. Specialist in helping parents balance work and family demands and raise thriving children while succeeding professionally.

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### Jessica Chivers

Accredited executive coach, author & chartered psychologist. Expert in supporting professionals through career transitions and progression, with a focus on clarity, confidence, and sustainable success.



£1950 + VAT

Per participant

Maximum group size is 12