

EARLY BIRD
OFFER ENDS
17/7/26

Raising & Rising

+95 net
promoter
score

A leadership career retreat for mothers
in senior professional roles.

Monday 12th October 2026

Central London

Follow-up sessions
2/11/26 and 27/11/26
on Zoom.

For high-performing professional women with children (0-18) who are on succession plans for HoD, Director, Managing Director, or Partner roles in law, finance, tech, media and professional services.

Providing the protected headspace, peer support & challenge and strategies ambitious women need to confidently navigate the next step in their careers without sacrificing family life or personal wellbeing.



Delivered by leading experts
Jessica Chivers & Anita Cleare

Raising & Rising

Ideal for
**female leaders
on succession
plans.**

EXPERIENCE OUTCOMES

For organisations

- Retain and accelerate your top female talent at a critical career juncture.
- Equip future leaders to step into senior roles with clarity, energy, and conviction.
- Support diversity, equality and inclusion strategies by investing in women leaders with children.
- Demonstrate a tangible commitment to employee wellbeing and sustainable career progression.

For participants

- Gain protected headspace to reflect on what career progression really means to you.
- Honestly explore the barriers (internal and external) holding you back and how to overcome them.
- Discover practical, research-based strategies for thriving in both your professional and family roles.
- Leave energised with a clear career decision and concrete action plan.
- Connect with a select group of women who understand your challenges and aspirations.

Businesses sponsoring places for their people

- ITV
- Stantec
- TT International
- BNP Paribas
- Nuveen
- Jupiter Asset Management
- Head of Communications
- Chief People Officer
- Legal Counsel
- Head of Strategic Partners

CANDID FEEDBACK to HR, Talent & L&D

“Programmes like Raising & Rising don’t just support well-being; they protect leadership continuity and prevent avoidable attrition or burnout. It also sends a powerful signal about the kind of organisation we want to be: one that understands that sustainable leadership and life don’t sit in opposition to each other. From a people strategy perspective, that’s not a ‘nice to have’ – it’s a competitive advantage.”

From an organisational perspective, it’s a valuable investment, building more confident leaders, supporting retention, and enabling people to progress through key life stages.



R&R provided a clear, credible space to work on areas of my development that I don’t think could have been done in-house.



“Raising & Rising has had a meaningful impact on me, professionally and personally. It gave me the space to step back and reflect, while learning from experts about some of the traits that can hold women back and how to address these in my own leadership. I now feel more confident that I can continue to progress in my career while raising my children. It’s already influenced how I lead and make decisions day to day.”

Raising & Rising

£1950 + VAT
Per participant

Maximum group
size is 12



THE EXPERIENCE | Monday 12th October 2026 9am - 5pm

A focussed retreat in central London combining reflective exercises, analytical frameworks, facilitated group coaching, and practical strategies. Expect:

- Space away from daily pressures to think deeply about your next move.
- Guided exploration of personal and professional blockers to progression.
- Practical tools for managing ambition alongside parenting demands.
- Strategies for building influence, confidence, and resilience in leadership.
- Inspiration and support from two leading experts and a cohort of peers.

Follow-on 2nd November - 1.5 hour (remote) group session to consolidate insights and track progress against goals.

Follow-on 27th November - 1.5 hour (remote) group session to sustain momentum, provide accountability & plan next steps.

Questions?

Be in touch with Anita or Jessica
anita@positiveparentingproject.co.uk
jc@talentkeepers.co.uk

Early Bird Offer

Book and pay by 17th July 2026 for a 10% discount. SUPER EARLY BIRD OFFER for waiting list registrants until 21/6/26: 10% discount + 30 minute 1:1 with Jessica or Anita.



Anita Cleare

Parenting speaker, author & coach. Specialist in helping parents balance work and family demands and raise thriving children while succeeding professionally.



Jessica Chivers

Chartered psychologist, accredited executive coach & author. Expert in supporting professionals through career transitions and progression, with a focus on clarity, confidence, and sustainable success.

